



Women's Indoor Track and Field Records

| Event | Time | Name | Club | Location | Date |
|---------------------|----------|---|----------------------------------|---------------|------------|
| 50m | TBA | | | | |
| 55m | 7.18 | Heather Moyse | | Ypsilanti, MI | 1998 |
| 60m | 7.48 | Bailey Smith | Islanders Track and Field | Halifax, NS | 2019-02-10 |
| 200m | 24.97 | Heather Moyse | | Ypsilanti, MI | 1998 |
| 300m | 39.53 | Heather Moyse | | Windsor, ON | 1998/2000 |
| 400m | 58.10 | Heather Moyse | | Ypsilanti, MI | 1998 |
| 600m | 1:39.90 | Michaela Walker | Islanders Track and Field | Halifax, NS | 2014-02-08 |
| 800m | 2:14.0h | Michaela Walker | Islanders Track and Field | Halifax, NS | 2015 |
| 1000m | 2:54.51 | Michaela Walker | Islanders Track and Field | Halifax, NS | 2016-02-13 |
| 1500m | 4:28.48 | Michaela Walker | Islanders Track and Field | Toronto, ON | 2017-02-17 |
| 3000m | 9:58.04 | Kelly MacDonald | | Boston, MA | 2012-02-10 |
| 60m H | 9.55 | Jennifer Bursey | Fredericton Track and Field Club | Moncton, NB | 2008-03-29 |
| High Jump | 1.68m | Alaere Peterside | Islanders Track and Field | Halifax, NS | 2023-12-02 |
| Long Jump | 5.15m | Susan Sobey | Dalhousie University | Moncton, NB | 2009-02-28 |
| Triple Jump | 11.46m | Heather Moyse | | Toronto, ON | 1997 |
| Pole Vault | TBA | | | | |
| Shot Put | 11.70m | Ellen Murphy | St. FX University | Moncton, NB | 2017 |
| Weight Throw | 14.18m | Ellen Murphy | St. FX University | Moncton, NB | 2017-02-25 |
| Pentathlon | TBA | | | | |
| 4x200m | 1:46.27 | Bianca Boutilier, Sophie Thomas, Carmen Seaman, Helen Ikpotokin | Islanders Track and Field | Moncton, NB | 2024-02-23 |
| 4x400m | 4:18.92 | Bianca Boutilier, Grace Richard, Carmen Seaman, Helen Ikpotokin | Islanders Track and Field | Moncton, NB | 2022-02-24 |
| 4x800m | 10:20.83 | Grace Richard, Stefania Angona, Anna Harris, Katie Richard | Islanders Track and Field | Moncton, NB | 2024-02-23 |